



SEPTEMBER 2022

MEAL PRICE
\$3.25 STUDENT | \$4 ADULT

FRESH FRUIT & VEGGIE SALAD BAR INCLUDED
in the \$3.25 lunch price!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SEPT 5 LABOR DAY No School!	SEPT 6 Breaded Chicken on Bun Emoji Potatoes Fresh Fruit 2 SOFT PRETZEL BAG	SEPT 7 THE HUT DAY!! Pizza Hut Pizza Pepperoni or Cheese Garden Salad Fruit, Chips NEW	SEPT 8 BRUNCH FOR LUNCH Dutch Waffle w/ Strawberries, Whipped Cream, Sausage Links Mango Wango 2 HAM AND CHEESE WRAP	SEPT 9 Walking Beef Taco w/ Fritos, Lettuce, Cheese Salsa, Black Beans & Corn Sour Cream, Fresh Fruit 2 TURKEY WRAP
SEPT 12 Teriyaki Beef Dippers w/ Rice Steamed Broccoli Pineapple 2 CINNAMON TOAST CRUNCH	SEPT 13 ZOO CREW Chicken Nuggets w/ Dipping Sauce, Carrots w/ Ranch, Animal Crackers Fresh Fruit Choice 2 SOFT PRETZEL BAG	SEPT 14 THE HUT DAY!! Pizza Hut Pizza Pepperoni or Cheese Garden Salad Fruit, Chips NEW	SEPT 15 Cinnamon French Toast Sausage Links, Potato Fresh Fruit, Juice Cup 2 HAM AND CHEESE WRAP	SEPT 16 2 Bosco Breadsticks Marinara Cup Garden Salad Fresh Fruit 2 TURKEY WRAP
SEPT 19 Warm Turkey Cheddar Sub, Baked Chips Red Peppers w/ Hummus Fresh Fruit Choice 2 CINNAMON TOAST CRUNCH	SEPT 20 Mini Pancakes w/ Syrup, Cheese Omelet Potato Wedge, Fresh Orange Wedges, Juice 2 SOFT PRETZEL BAG	SEPT 21 THE HUT DAY!! Pizza Hut Pizza Pepperoni or Cheese Garden Salad Fruit, Chips NEW	SEPT 22 1 Soft Shell Tacos Spanish Rice, Lettuce Black Bean & Corn Salsa Sour Cream 2 HAM AND CHEESE WRAP	SEPT 23 Pork BBQ Sliders Carrots w/ Ranch Fresh Fruit, Chips 2 TURKEY WRAP
SEPT 26 DAY Off	SEPT 27 Popcorn Chicken Bowl w/ Mashed Potato & Gravy Corn, Corn Muffin Fruit Choice 2 SOFT PRETZEL BAG	SEPT 28 THE HUT DAY!! Pizza Hut Pizza Pepperoni or Cheese Garden Salad Fruit, Chips NEW	SEPT 29 Chicken Tenders Carrots w/ Ranch Fresh Fruit Roll 2 HAM AND CHEESE WRAP	SEPT 30 Cheeseburger on a Bun Fresh Peppers Fresh Fruit, Chips 2 TURKEY WRAP

MILK ONLY .50

Milk is included with lunch.
1% Chocolate,
1% White milk.

2 CHOICE 2 DELI BAR

MONDAY:
Cinnamon Toast
Crunch Cereal
Yogurt, Teddy
Grahams, Roasted
Ranch Chickpeas
Apple Slices

TUESDAY
Soft Pretzel Bag
Cheese cup
Yogurt, Carrots
w/ Ranch
Fruit

THURSDAY
Ham & Cheese
Wrap, Fruit
Carrots w/ Ranch
Chips, Mini Rice
Krispy Treat

FRIDAY
Turkey & cheese
Lunchable, Carrots
w/Ranch, Chips
Fresh Fruit, Mini
Rice Krispy Treat*

Due to availability, menu subject to change.



APPLY ONLINE AT

FamilyPortal.cloud
(previously
lunchapp.com)
for lunch benefits
application!

**GRC FOOD
SERVICE OFFICE**
JZONDAG@GRCS.ORG

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.