## CHRISTIAN SCHOOLS



# DECEMBER 2021

NOV

30

**LUNCH & BREAKFAST/SNACK ARE FREE.** Must choose 3 of 5 food components, one being fruit or vegetable.

#### MILK ONLY .50

Milk is included with lunch. 1% Chocolate, 1% White milk.

provided each day

for all students.

Take it then,

eat now

or save for later!

**Both snacks must** 

be taken - variety of popular whole grain

bars, whole grain

crackers, 100% fruit

juice and fresh fruit!

**ALL LUNCHES** 

ARE FREE

for the entire school year!

To qualify for a

FREE lunch

students

must take 3 of the 5 components

(with one being a fruit or vegetable) Components are Protein, Grain, Fruit, Vegetable and Milk.

## **MONDAY**

## NOV

29

**Breaded Chicken Tenders** Muffin or Biscuit Steamed Corn Fruit Choice

DEC

6

DEC

13

Meatball Sub w/ Marinara Mozzarella, Chips Fruit Choice

Warm Ham & Cheese Sub, Chips Veggie Choice Fruit Choice

DEC

**TUESDAY** 



Pasta w/ Meat Sauce, Garlic Bread Green Beans Fruit Choice

DEC

DEC

Penne Pasta w/ Alfredo, Breadstick Veggie Choice Fruit Choice

**Bosco Breadsticks** Marinara Cup Veggie Choice Fruit Choice

DEC

WEDNESDAY



THE HUT DAY!!

Pizza Hut Pizza Garden Salad w/Ranch Fruit Choice, Chips

DEC

DEC

DEC

THE HUT DAY!!

Pizza Hut Pizza Garden Salad w/Ranch Fruit Choice, Chips

THE HUT DAY!!

Pizza Hut Pizza Garden Salad w/Ranch Fruit Choice, Chips

DEC

**THURSDAY** 



1 Soft Shell Tacos Tortilla Chips w/ Salsa Cheese, Lettuce Fruit Choice

DEC

BREAKFAST FOR LUNCH! Cinnamon Toast Crunch Cheese Stick Yogurt, Banana Mango Wango

Breaded Chicken on Bun Veggie & Fruit Choice Ice Cream Sundae Cup

DEC

DEC

16



FRIDAY

DEC

DEC

DEC

10



Bacon Cheeseburger Veggie Choice Fruit Choice Chips

Soft Warm Pretzel Chili w/ Cheese Carrots w/ Ranch Fruit Choice

BREAKFAST FOR LUNCH! Eggoji Muffin, Yogurt Sausage Link Mango Wango Juice Strawberry Cup

DEC

Due to availability, menu subject to change.

Merry Christmas & Happy New Year! From your Amazing Lunch Staff!

**GRC FOOD** SERVICE OFFICE 616-574-5815

oudly sold

**LUNCH IS FREE EVERYDAY! AUGUST - JUNE 2022** NO SIGN

**UP NEEDED** 

705

If you feel you may qualify for meal benefits, please fill out an application online at

lunchapp.com

before 10/1/2021. **Even though meals** are FREE, please apply online.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.