








# DECEMBER 2019

## MEAL PRICE: \$3.00

*This institution is an equal opportunity provider and employer. For any questions & information contact Jill at: jzondag@grcs.org*

**Milk Only .50**  
Milk is included with lunch.  
1% Chocolate,  
1% White milk.

| MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   |
|--|--|--|--|--|
| <p>DEC 2</p> <p><b>Breakfast for Lunch</b></p> <p>Dutch Waffle, Strawberries, Whip Cream, Sausage Links, Potato Circles</p>  <p>② FROOT LOOPS BAG</p> | <p>DEC 3</p> <p>Bosco Cheese Breadsticks, Marinara, Fresh Peppers, Cucumbers, Hummus, Fresh Clementines</p> <p>② WARM PRETZEL &amp; CHEESE</p>   | <p>DEC 4</p> <p>Rotini Beef Pasta, Garlic Twist, Romaine Mix Salad, Cherry Tomatoes, Ranch Dressing, Fresh Grapes</p> <p>② TURKEY/CHEESE SUB BAG</p>                   | <p>DEC 5</p> <p>Tyson Mini Mega Chicken Popper Bowl, Whipped Potatoes, Gravy, Steamed Corn, Riches Biscuit Stick, Fruit Choice</p> <p>② PILLSBURY PANCAKE BAG</p>                                  | <p>DEC 6</p>  <p>Walking Beef Taco, Lettuce, Cheese, Salsa, Black Beans and Corn, Pineapple Tidbits, Assorted Fruit</p> <p>② YOGURT PARFAIT</p> |
| <p>DEC 9</p> <p>Chicken Nuggets with Waffle Breading, Waffle Fries, Fresh Apples Slices, Clementines</p>  <p>② FROOT LOOPS BAG</p>                    | <p>DEC 10</p> <p>Pillsbury French Toast Sticks, Colby Cheese Omelet, Fresh Peppers, Applesauce, Clementine, Juice Cup</p>  <p>② WARM PRETZEL &amp; CHEESE</p> | <p>DEC 11</p> <p>Hot Dog on Bun, Baked Beans, Fun Size Baked Chips, Fresh Strawberries</p> <p>② TURKEY/CHEESE SUB BAG</p>  | <p>DEC 12</p> <p><b>Winter Wonderland</b></p> <p>Tree Shaped Chicken Nuggets, Snowman Pretzel, Fresh Broccoli Trees, Cherry Tomatoes, Cherry Lime Fruit Slushie</p> <p>② PILLSBURY PANCAKE BAG</p> | <p>DEC 13</p>  <p>Cheese Burger on Bun, Curly Fries, Fresh Carrots, Fresh Grapes, Apple Slices</p> <p>② YOGURT PARFAIT</p>                      |
| <p>DEC 16</p> <p>Sweet &amp; Sour Chicken, Rice, Fresh Peppers, Pineapple Tidbits</p> <p>② FROOT LOOPS BAG</p>   | <p>DEC 17</p> <p><b>Breakfast Extravaganza Day</b></p> <p>Could be Waffles, Pancakes, French Toast, Eggs, Sausage, Potatoes: Tator Tot, Circles, Fresh Fruit Choice, Juice Choice</p> <p>② WARM PRETZEL &amp; CHEESE</p>                       | <p>DEC 18</p> <p><b>Chicken Extravaganza</b></p> <p>Mini Corn Muffin, Vegetable Choice, Mini Ice Cream Sandwich, Fresh Fruit Choice</p> <p>② TURKEY/CHEESE SUB BAG</p> | <p>DEC 19</p> <p><i>flo's</i> Pizza</p> <p>Pepperoni/Cheese Pizza, Garden Salad, Fresh Fruit Choice, Frozen Fruit Slushie</p>  | <p>DEC 20</p> <p>3 Cheese Cavatapi, Twisted Garlic Bread Knot, Caesar Salad, Fruit Choice</p> <p>② YOGURT PARFAIT</p>  |
| <p>DEC 23</p> <p><b>SCHOOL HOLIDAY</b></p>   | <p>DEC 24</p> <p><b>SCHOOL HOLIDAY</b></p>   | <p>DEC 25</p> <p><b>MERRY CHRISTMAS</b></p>  | <p>DEC 26</p> <p><b>SCHOOL HOLIDAY</b></p>   | <p>DEC 27</p> <p><b>SCHOOL HOLIDAY</b></p>   |

**MONDAY**

② Froot Loop Bag  
Fruit Loops Cereal, Yogurt, Sunflower Seeds, Apple, Teddy Grahams, Mango Wango Juice

**TUESDAY**

② Warm Pretzel & Cheese  
Fresh Broccoli, Carrots, Peach Cup, Jennie O- Turkey Stick

**WEDNESDAY**

② Turkey/Cheese Sub Bag  
Turkey & Cheese Sub, Celery, Hummus, Apple Slices, Mini Rice Krispie treat

**THURSDAY**

② Pillsbury Pancake Bag  
Pillsbury Pancakes, Cheese Stick, Yogurt, Mango Wango Juice, Strawberries

**FRIDAY**

② Yogurt Parfait  
Vanilla Yogurt Parfait, Granola, Strawberries, Carrots and Ranch, Sun chips

GO TO LUNCHAPP.COM TO APPLY FOR FREE/REDUCED LUNCH BENEFITS (CONVENIENT & CONFIDENTIAL). HOT LUNCH IS A PREPAY PROGRAM. YOU MAY DEPOSIT MONEY AT: SENDMONEYTOSCHOOL.COM OR DROP OFF A CHECK AT SCHOOL.

