



This institution is an equal opportunity provider and employer. For any questions & information contact Jill at: jzondag@grcs.org

Milk Only .50
Milk is included with lunch.
1% Chocolate,
1% White milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>FEB 4</p> <p>Tyson Mini Mega Chicken Poppers, Peppers and Carrots, Hummus, Muffin, Fruit Choice</p> <p>2 STRAWBERRY BANANA SUNDAE</p>	<p>FEB 5</p> <p>2019 Lunar New Year Mandarin Mango Chicken, Yakisoba Japanese Noodles, Stir fry Vegetables, Eggroll, Pineapple, Fortune Cookie, Chopsticks</p> <p>2 YOGURT PARFAIT</p>	<p>FEB 6</p> <p>Dutch Waffle, Strawberries, Whipped Cream, Sausage Links, Fresh Fruit, Mango Wango Juice</p> <p>2 TURKEY SUB BAG</p>	<p>FEB 7</p> <p>Thankful Thursday Roast Turkey, Potatoes, Gravy, Corn, Dinner Roll, Fruit Choice</p> <p>2 MUNCHABLE LUNCHABLE</p>	<p>FEB 8</p> <p>Bosco Cheese Breadstick, Marinara, Romaine Garden Salad, Garbanzo Beans, Carrots, Cucumber, Ranch Pear slices</p> <p>2 CHEF SALAD</p>
<p>FEB 11</p> <p>Beef Dippers, Rice, Steamed Broccoli, Dinner Roll, Fruit Choice</p> <p>2 STRAWBERRY BANANA SUNDAE</p>	<p>FEB 12</p> <p>Pillsbury Confetti Pancakes, Cheese Omelet, Mango Wango Juice, Fruit Choice</p> <p>2 YOGURT PARFAIT</p>	<p>FEB 13</p> <p>Bacon Cheese Burger, Leaf Lettuce, Tomato, Baked Beans, Fun Size Chips, Fruit Choice</p> <p>2 TURKEY SUB BAG</p>	<p>FEB 14</p> <p>Heart Shaped Chicken Nuggets, Heart Shaped Warm Pretzels, Cherry Tomatoes, Red Peppers, Fruit Cherry Slushie</p> <p>2 MUNCHABLE LUNCHABLE</p>	<p>FEB 15</p> <p>Hot Dog on Bun, Ranch Potato Wedges, Fruit Choice</p> <p>2 CHEF SALAD</p>
<p>HAPPY PRESIDENT'S DAY</p> <p>FEB 18</p> <p>Rotini Beef Pasta, Garlic Bread, Garden Salad, Carrots, Spinach, Fruit Choice</p> <p>2 STRAWBERRY BANANA SUNDAE</p>	<p>FEB 19</p> <p>Cinnamon Glazed French Toast, Sausage Link, McCain Potato Circles, Juice and Fruit Choice</p> <p>2 YOGURT PARFAIT</p>	<p>FEB 20</p> <p>Broccoli Cheese Soup, Soft Pretzel, Broccoli, Celery, Hummus Cup, Fruit Choice</p> <p>2 TURKEY SUB BAG</p>	<p>FEB 21</p> <p>flo's Pizza Pepperoni/Cheese Pizza, Garden Salad, Fresh Fruit Choice, Frozen Fruit Slushie</p> <p>2 MUNCHABLE LUNCHABLE</p>	<p>FEB 22</p> <p>SCHOOL HOLIDAY</p>
<p>FEB 25</p> <p>SCHOOL HOLIDAY</p>	<p>FEB 26</p> <p>Eggo Mini Waffles, Tator Tots, 2 Sausage Links, Clementines</p> <p>2 YOGURT PARFAIT</p>	<p>FEB 27</p> <p>Lasagna Roll Ups, Bread Stick, Steamed Broccoli, Fresh Fruit Choice</p> <p>2 TURKEY SUB BAG</p>	<p>FEB 28</p> <p>Beach Day Picnic Basket Lunch Turkey and Cheese Sub, Crunchy Carrots, Fun Size Chips, Watermelon</p> <p>2 MUNCHABLE LUNCHABLE</p>	<p>MAR 1</p> <p>Try it Friday! Chicken Fajita, Red and Green Peppers, Spanish Rice, Strawberry-Mango Slushie</p> <p>2 CHEF SALAD</p>

GO TO LUNCHAPP.COM TO APPLY FOR FREE/REDUCED LUNCH BENEFITS (CONVENIENT & CONFIDENTIAL). HOT LUNCH IS A PREPAY PROGRAM. YOU MAY DEPOSIT MONEY AT: SENDMONEYTOSCHOOL.COM OR DROP OFF A CHECK AT SCHOOL.

MONDAY
2 Strawberry Banana Sundae
 Lucky Charms, Strawberry Banana Yogurt, Sunflower Seeds, Carrots & Pineapple

TUESDAY
2 Yogurt Parfait
 Vanilla Yogurt Parfait, Granola, Strawberries, Cool Cuke Slices, Tropical Twist, Sunchips

WEDNESDAY
2 Turkey Sub Bag
 Turkey & Cheese Sub, Celery, Hummus, Apple Slices, Mini Rice Krispie treat

THURSDAY
2 Munchable Lunchable
 Ham and Cheese with Crackers, Fruit Choice, Mango Wango Juice, Mini Rice Krispie

FRIDAY
2 Chef Salad
 Turkey Ham, Tomato, Cheese, Carrots, Edamame, Croutons, Roll, Grapes

